

# Become an Open Mental Health

## Expert by Experience

**Open**  
Mental  
Health

### **We are looking to find people interested in representing those with lived experience of mental illness to join Open Mental Health in Somerset.**

You would help to coproduce a range of community mental health services, look at reviewing and designing new models of care as well as feed into strategic decisions and the development of resources. We are particularly interested in representation from people from diverse backgrounds to join our team to be part of this.

### **Do you have experience in:**

- **Using mental health services now or previously in Somerset?**
- **Being a carer of someone with a mental illness?**
- **Being severely affected by mental illness or complex needs?**
- **Contributing to other forums or groups that help facilitate change?**



**We are committed to ensuring diversity, equity and inclusivity in our work and in strategic decision making. If you are interested, or have questions about becoming an Open Mental Health Expert by Experience please contact the coproduction team at [coproduction@openmentalhealth.org.uk](mailto:coproduction@openmentalhealth.org.uk).**

Open Mental Health is an alliance of local voluntary organisations, the NHS & social care. We are working in partnership to ensure that adults in Somerset receive the mental health support they need, when they need it.

Our Open Mental Health partners are Watch CiC, Citizens Advice South Somerset, Spark Somerset, Diversity Voice, Conquest Centre, SASP, 2BU, Fuse Performance, Young Somerset, Somerset County Council.

[openmentalhealth.org.uk](https://openmentalhealth.org.uk)